

Dear Campus Community,

As we approach our upcoming spring break March 14-22, we want to share important health-related precautions you should take in light of the recent and widening COVID-19 outbreak. Parkland College continues to work closely with local and state public health agencies to address the viral threat to our district communities. We also follow regular updates from the World Health Organization (WHO) at <https://www.who.int/emergencies/diseases/novel-coronavirus-2019/situation-reports/> and the Centers for Disease Control (CDC) at <https://www.cdc.gov/coronavirus/2019-ncov/>.

Please be aware of the following:

Travel Advisories. For those traveling domestically or abroad during spring break, we urge you to monitor the [CDC](#) and [State Department](#) travel advisories. The safety level of any given destination could change before or during your trip, which could affect both your health and your return to campus March 23 when classes resume. **Please note that students, faculty, and staff returning from a CDC Level 2 or 3 country will be required to self-quarantine for 14 days.** Please pay particular attention to recent alerts for China, Japan, South Korea, Italy, and Iran.

Travel Changes/Cancelations. Depending on the destination, you might also consider changing or canceling your travel plans. Doing so could safeguard your well-being and ensure your timely return to Parkland's campus.

Procedures for At-Risk Travelers. If you have traveled from a country listed on the CDC's COVID-19 [travel advisories page](#) within the last 14 days, or do so over Spring Break, you are advised to immediately contact Sara Maxwell, Wellness Center Coordinator at smaxwell@parkland.edu or call 217/373-3879. Students, faculty, and staff returning from a CDC Level 2 or 3 country will be required to self-quarantine for 14 days.

Regardless of your destination, please follow these safety tips over spring break:

1. Practice preventive behaviors, including staying home when sick; covering your coughs and sneezes; and frequently washing your hands with soap and water. Clean frequently touched surfaces.
2. If you display respiratory symptoms, call your healthcare provider or the emergency department before arriving at the facility for testing. Wearing a surgical mask and washing your hands frequently may help protect others from infection.

We will continue to work closely with the Champaign-Urbana Public Health District and local health authorities to take necessary precautions, and we will communicate critical updates to the campus community as new information becomes available.

Sincerely,
Sara Maxwell
Wellness Coordinator
Parkland College